

All resources:

ABQcrg.org--ABQ Coordinated Resource Guide

sharenm.org--SHARE New Mexico resource directory

Cell Phone Program (free phone, free service)

Safelink: Shellie-call/text (505) 977-1122 (M-F 9 to 5)

Gen Mobile: Debbie-call/text (505) 506-3455 (9 to 9, 7 days/wk)

Note: Area code is (505) except where indicated

Victims of Violence

Family Advocacy Center (FAC) – any violence, inc. stalking
-- M-F 8 am - 5 pm, 625 Silver SW (2nd floor) **243-2333**

Domestic Violence Resource Center (in FAC)
-- (Calls are taken 24/7—walk-ins 8 am - 5 pm) **248-3165**

National DV phone no. (24 hours) **1-800-799-7233**

Rape Crisis Center (2 offices: walk-ins M-F 8-5 at both):
--625 Silver SW (2nd floor, Family Advocacy Center) **266-7711**

--9741 Candelaria Rd NE (near Eubank) **266-7711**

--**Rape Crisis Center's 24/7 hotline** **266-7711**

StrongHearts Native Helpline (24/7) for Native women impacted
by DV, dating and sexual violence **1-844-762-8483**

Emergency trafficking hotline—all ages (NM Dream Ctr)
--(505) **504-1301**

Life Link trafficking hotline: 505-GET-FREE (505-438-3733)

victims of trafficking call or text (& info line for the public)

Enlace Comunitario (DV-Espanol) **246-8972**

Casa Fortaleza (sexual violence) (bilingual Spanish) **910-4031**

2340 Alamo SE #124 (M-F 8:30am - 5pm)

First Nations (FNCH) programs: DV--262-6043

--Human Trafficking--**375-8518** or **697-0712**

--VOCA (for victims of crime)—**515-3922** or **697-0712**

Domestic Violence Shelters (call 24/7)

Safe House (in Albuquerque) **247-4219**

Haven House (in Rio Rancho) **896-4869**

Valencia Shelter for DV (in Valencia County) **864-1383**

Other Crisis Hotlines/Helplines

Poison Center/Medication Info **1-800-222-1222**

988 Suicide and Crisis Lifeline--if feeling sad or angry or
not feeling safe, call or text "TALK" to **988**

or chat at <http://suicidepreventionlifeline.org/chat>

--Veterans only line (ext. 1); or en Espanol (ext. 2)

Interpreter available for other languages when you call

Veterans Crisis Line – call **988** (ext. 1) or text **838255**

(this is for veterans, military service members and relatives)

NMCAL Warm Line (peer support) **1-855-466-7100**

-----Call 3:30-11:30 pm 7 days/week; or text 6-11 pm

NMCAL Crisis Line 24/7 (therapist) **1-855-662-7474**

Agora 24/7 Crisis Line **277-3013**

Adult Abuse/Neglect Hotline **476-4912**

Child Abuse/Neglect Hotline (CYFD) ... **1-855-333-SAFE(7233)**

ABQ Dept. of Senior Affairs info line **764-6400**

Aging & Disability Resource Ctr (NMAALTS) **1-800-432-2080**

Equality New Mexico (LGBTQ advocacy: eqnm.org) **224-2766**

*****CALL 311** for info about any City of ABQ services***

City of ABQ Dept. of Senior Affairs (age 60+) **764-6400**
See cabq.gov/seniors/senior-services for services & Quick Guide

City of ABQ Health & Social Services Centers

Food (walk-ins **M/W/F 10 am - 12** and **Tues & Thurs 1 - 3 pm**)

Rent & utility assistance (call 311 to find out your center)

Clothing (appointment only at John Marshall and East Central—anyone who lives in Albuquerque can call)

Diapers (appointment only at any of the 4 centers below)

Alamosa Center, 6900 Gonzales SW **836-8800**

Los Griegos Center, 1231 Candelaria NW **761-4050**

John Marshall Center, 1500 Walter SE **848-1345**

East Central Center, 7525 Zuni SE **767-5700**

See cabq.gov/family/services/health-social-services

for listing of on-site agencies at each center

FREE MEAL SITES

Albuquerque Indian Center, 105 Texas SE (& Zuni)

Mon to Fri: Breakfast (9:00 - 10:00 am); Lunch (12 - 1:00 pm)

All Nations Wellness & Healing Center, 6416 Zuni SE

Mon to Fri: Breakfast (7:30 - 9:00 am); Lunch (12 - 1:30 pm)

--See "Homeless Multi-Service Agencies" for other free meals

Also: Many community centers and senior centers offer free or low-cost meals for ages 50+ (may be free for seniors 60+)

See <https://www.cabq.gov/seniors/senior-services/senior-meals>

Food Assistance

Roadrunner Food Bank see rrfb.org or call **349-5340**

Storehouse, 106 Broadway SE (Wed/Fri/Sat 9-12) **842-6491**

Rio Grande Food Project 600 Coors SW W/F/Sat 9-11 **831-3778**

Salvation Army, 4301 Bryn Mawr Dr. NE **872-1171, x2**

City of ABQ Dept. of Senior Affairs **764-6400**

Silver Horizons (50+) (food, household bills) **884-3881**

ABQ Dept. of Senior Affairs info line **764-6400**

Meals on Wheels (no income or age requirements) **823-8060**

Housing

HUD Subsidized/Tax Credit housing: resources.hud.gov

AHA (Alb. Housing Authority) -- abgha.org **764-3920**

Bernalillo County Housing Dept.-- bernco.gov **314-0400**

Crossroads for Women, 239 Elm St NE (can walk in) **242-1010**

Veteran Integration Center (VIC), 13032 Central SE

--walk in Mon-Fri 8 am to 4:30 pm or call **296-0800 x1**

Goodwill Supportive Services for Veteran Families

Apply at goodwillnm.org/veteran-housing **881-6401 x1842**

Oxford Houses (sober living) (men & women) **575-224-9711**

Good Shepherd Center: 2 residential programs for homeless

men: Apply in person Mon-Fri, 9 am – 1 pm at **218 Iron SW**

--Fresh Start Substance Use Recovery Program (6+ months)

--Housing Reestablishment Program (3 months)

Salvation Army Men's Rehab Program (call M-F 8-5) **242-3112**

Steelbridge residential programs (Bible-based, men & women)

--**214 Coal SW** (call for appointment M-F 8:30-4:30) **346-4673**

Vizionz-Sankofa, housing stability assistance call **832-7141**

eviction prevention, relocation services, landlord mediation

Drop-In Centers

New Day Drop-In Center for age 16-22 ("The Space")
142 Truman St. NE (north of Central) -- Tues-Fri 12 to 5 pm
The Harbour (Drop-In) (age 14-20) (Wed-Th-Fri 12 -6 pm)
126 Gen. Chennault NE
--24/7 NM Dream Center hotline call/text: (505) 504-1301
ABQ Center for Hope & Recovery (ACHRnm.org) 246-2247
913 2nd St. NW (M-F, 9 am – 5 pm)
Peer-run drop-in center: recovery 1-to-1 and groups
(in-person and Zoom), job search assistance;
Also: senior peer case management (1-on-1 support)
Imagine Wellness Drop-In (ACHR) in Tijeras (across from
Tijeras Senior Center): community support, info & referral
--open Mon-Fri, 9 am – 5 pm
Crossroads for Women, 239 Elm St NE (M-F 9–4) 242-1010
Transgender Drop-in Center, Mon/Wed/Fri, 1-6 pm
--5600 Domingo Rd. NE (see TGRCNM.org) 200-9086
All Nations Wellness & Healing Center 6416 Zuni SE 717-2704
--Mon to Fri: Breakfast (7:30 - 9am); Lunch (12 - 1:30pm)
Job help M-F 9-12, walk-in or call; Medicaid sign-up; phone use
Best Chance Drop-In Wellness Center 256-3231
5907 Alice NE, Suite E -- walk-in hours are M-F 8:30 am – 4 pm
--peer support/case management and groups for men & women
recently released from incarceration or facing emotional
difficulties or substance use disorders
NM Women's Re-Entry Center (for any justice involved woman)
Peer-run - call for hours: one-on-one and groups 589-0808

Family Services

Childcare Finder: newmexicokids.org or call 1-800-691-9067
WIC sign-up (prenatal care + nutritious food) 841-8929 x4
NM Public Education Dept (PED) - parent-portal
(<https://webnew.ped.state.nm.us>)
--Early Literacy guides for families: [English](#) and [Spanish](#)
ABQ Adult Learning Center (families) (abqalc.org) 907-9957
Family Literacy: individualized literacy for adults and children (5+)
All Faiths Children's Advocacy Ctr (allfaiths.org) 271-0329
--Family Wellness Program: child & family therapy; CCSS
--Adoption Services: pregnancy counseling, infant + older child adoption
AMI Kids--Bernalillo County Family Services 220-1258
--home-based family counseling & case mgt for youth ages 10-18
who live with their long-term family; services available in Spanish
Asian Family Center (adults & families) nmafc.org 717-2877
CHI St. Joseph's Home Visiting (prenatal to age 3) 924-8000
--for first child; can enroll during pregnancy to 3 months' old
See stjosephnm.org; free statewide; no income requirements
Crossroads for Women, 239 Elm St NE (M-F 9– 4) 242-1010
(website is crossroadsabq.org)
Cuidando los Ninos (CLN) homeless child care 843-6899
(for ages 6 weeks to pre-K)
Family Promise (transitional housing for homeless families
(1 or 2 parents—may be a waitlist) 268-0331
The Grief Center (a/k/a Children's Grief Center) 323-0478
--Support groups for children, teens, families & adults grieving the
death of a loved one; also workshops (see griefnm.org)

La Plazita Institute, 831 Isleta Blvd SW (M-F 9-5) 508-1802
--free programs for young men & young women and for youth;
traditional & cultural healing services; garden; Pathways Navigator
MCH Family Outreach (family case management) 255-8740
--Parent support and education; grandparent support
--See mch.org/locations/Albuquerque
NAPPR (Native American families) nappr.org 345-6289
--tribal home visiting; early intervention program; early head start
NM Friends of Foster Children (nmffc.org) 596-0519
--financial support to meet the needs of foster kids
--email: programManager@NMFFC.org
Open Skies Healthcare, 707 Broadway NE, # 401 342-5454
--Case management (& CCSS) for single adults and/or families
--For children: behavior management services; respite care for
parents or caregivers; treatment foster care
Parents Reaching Out (PRO) (peer support for parents of
children w/disabilities or special medical needs) 247-0192
See parentsreachingout.org for workshops & support groups
Pegasus Legal Services for Children 244-1101
Pegasuslaw.org – for children, youth and their caregivers
Kinship Guardianship (Pegasus Legal Services) 244-1101
(for grandparents and other relatives raising children)
--application phone number is 217-1660
PB&J Family Services (pbfamilyservices.org) 877-7060
Southwest Pueblo Consultants & Counseling 888-9769
--Free home visiting program up to age 5 – see SWPCCS.com
--Native American owned; free to all families
Title I APS program for homeless students) 256-8239 x0
Western Heights Learning Center 247-2079
--Free Home Visiting Program (x108) or call Sally at 401-6372
Wings For LIFE International 291-6412
--Many programs and services for families of incarcerated loved ones
& for returning citizens (formerly incarcerated) —see wingsFLL.org
YDI (childcare & youth programs) apply at ydinm.org 352-3444
--YDI family case management (ACES)-walk in or call 212-7405
(families with at least one child age 0-12) – can self-refer or be
referred--1710 Centro Familiar Blvd. SW--behind YDI Head Start
--YDI Community Engagement Team (24/7) 910-6357
(short-term crisis intervention and stabilization for all ages)

Immigrant and Refugee Services

Mexican Consulate, 1610 4th St NW 247-2147
NM Immigrant Law Center..... 247-1023
First Nations Zuni Medical Clinic 5608 Zuni SE 262-2481
--all immigrants can walk in or call
Casa de Salud, integrative primary care and MAT (en Espanol)
--1608 Isleta SW (walk in or call) 907-8311
--all immigrants can walk in or call
Catholic Charities (including DACA)..... 724-4670
--VAWA legal help for women experiencing DV
Lutheran Family Services (asylum seekers & refugees) 933-7032
ABQ FaithWorks (asylum seekers & refugees) 457-1728
Vizionz-Sankofa, refugee services call 832-7141
Encuentro NM, 714 4th St. SW (info@encuentronm.org) 247-2920
-- adult ed and home health aid program en Espanol
Enlace Comunitario (DV-Espanol) 246-8972
Asian Family Center (adults & families) nmafc.org 717-2877

Legal Assistance

NM Legal Aid (civil matters) **M-Th 10am-3pm 1-833-545-4357**
Public Defender, 505 Marquette NW (Compass Bank) **369-3600**
Metro Court (ext. 1 for warrant status) **841-8151**
Outreach Court (homeless only--misdemeanors) **841-8142**
Christian Legal Aid (homeless only) walk-in 1st & 3rd Wed at noon
at The Rock at Noon Day, 2400 2nd St. NW (volunteer attorneys)
Pegasus Legal Services for Children **244-1101**
Pegasuslaw.org – for children, youth and their caregivers
APD Evidence, **823-4600**, to claim possessions after discharge
from MDC (first call **768-2020** for case no.—you also can call
this number to request police report—or request it at a substation)

Jobs/Job Training/Education

Educational/Training websites:

GCFglobal.org--short videos: computer, learn typing + improve
typing speed, math, reading, job prep, GED/HISET prep,
PowerPoint, internet, financial literacy, smart phones, social
media, languages—click on “All Topics”)
Khan Academy - **khanacademy.org**--math+other online learning
+ **khanacademykids.org** – many languages (app is English only)
Duolingo.com – language learning (English & other languages)
eyecanlearn.com – exercises to improve visual processing in kids
Irlen.com – visual processing help for children with special needs
NM Public Education Dept (PED): parent-portal
--Early Literacy guides for families: **English** and **Spanish**

NM Workforce Connection Center, 501 Mountain NE **843-1900**
--walk-in help with job search, weekly on-site employer events
Crossroads for Women, 239 Elm St NE (can walk in) **242-1010**
--drop-in job help center (website is **crossroadsabq.org**)
DVR, 111 Lomas Blvd NW (Ste 422 in US Bank Bldg) **383-2500**
To apply: walk in or apply online: **dvr.state.nm.us**
--click on “Online Referral”—you should get a call back in 2 weeks
CNM (Student Services Ctr: 900 University Blvd. SE) **224-3000**
Goodwill, 1030 18th St NW (walk in or call) ... **881-6401 x1816**
--Job prep and job search; veterans (& their family) employment
+ seniors (55+) employment; see **goodwillnm.org** for all programs
ABQ Adult Learning Center **abqalc.org** **907-9957**
--Adult Basic Education, HQE (High School Equivalency)
--Family Literacy: individualized literacy for adults and children (5+)
Gordon Bernell Charter School **916-8618**
high school diploma + adult ed in-person or online at ABQ sites
and in MDC:
--Age 16-21: high school diploma
--Adults age 22+: literacy + HiSET (high school equivalency)
ABQ Ctr for Hope & Recovery, 913 2nd St NW **246-2247**
TenderLove Community Center (appt only Tu-Fri) **349-1795**
--for women: sewing classes, life skills, job prep, on-site child care
(see **tenderlovecommunitycenter.org**)
New Day Life Skills Academy (see ages below) **274-6311**
--Life Skills Classes (ages 16-22) -- in-person and online
--Seeking Safety Groups (ages 16-23) -- in-person and online
--I'd Eat That! Kitchen Internship (ages 16-24)
--Life Skills Coaching (ages 12-18) (see **ndnm.org** for info)
NMcan – skill building and community building **217-0220**
for young people transitioning out of foster care, or who have
faced homelessness or juvenile justice involved: **info@nmcan.org**
--see **nmcan.org** for referral form for self or other youth

Resources -- Physical and/or Cognitive Disabilities

Adelante Development Center (**goadelante.org**) **341-2000**
For people with mental and physical disabilities & seniors
--day & residential programs & employment
--Compadres senior day program (seniors 55+)
--Back in Use--recycled assistive devices **341-7171**
(wheelchairs, walkers, canes, hospital beds & adaptive equipment)
--GiveABQ—home furnishings, office furniture **341-4483**
--Benefits Connection Center (help w/gov't benefits) **273-5222**
ARCA (adults & children)--**arcaopeningdoors.org** ... **332-6700**
ARC of NM (adults & children)--**arcnm.org** **883-4630**
NM Aging & Disability Resource Ctr/NMALTSD **800-432-2080**
Community Outreach Program for the Deaf/COPD **255-7636**
--located at 8005 Pennsylvania Circle NE (**copdnm.org**)
NMTAP office (Technology Assistance Program) **841-4464**
assistive/adaptive technology--see website: **tap.gcd.state.nm.us**
NM Brain Injury Resource Center (info; appt only) **243-3835**
NM Commission for the Blind (**CFB.state.nm.us**) **841-8844**
Parents Reaching Out (PRO) (peer support for parents of
children w/disabilities or special medical needs) **247-0192**
See **parentsreachingout.org** for workshops & support groups
UNM CDD (Center for Development & Disability) **272-3000**
--**2300 Menaul NE** (CDD resource library-walk in or call **272-0281**)
Clinical evaluations of children; autism programs; early childhood
eyecanlearn.com – exercises to improve visual processing in kids
Irlen.com – visual processing help for children with special needs

Medical, Mental Health and Recovery

(also see “Drop-In Centers” section) **Acronyms:**

--**MAT is Medication-Assisted Treatment for addiction to
opioids (may also be for alcohol and/or other substances)**
--**SUD is Substance Use Disorder**
--**IOP is Intensive Outpatient Program**
--**CCSS is Comprehensive Community Support Services**
UNMH directory (hospital & clinics) **272-2111**
First Choice (several medical clinics—see **fchh.com**) **768-5450**
First Nations Community Healthsource
Zuni Clinic (Medical+Dental), 5608 Zuni Road SE **262-2481**
--Mon to Fri 8am – 7pm; Sat 9am – 1pm
--**Homeless Outreach Program: M-F 8-4; Sat 8-11** **944-2561**
Truman Clinic, 625 Truman St. NE 3 depts: Medical (**248-2985**)
Behavioral Health (**515-3912**); Traditional Wellness (**515-3919**)
Central Clinic, 7317 Central NE **308-8060**
--Pediatrics & prenatal: **Mon-Th 8am – 6pm, Fri 8am – 5pm**
All Nations Wellness & Healing Ctr, 6416 Zuni SE **717-2704**
--**Mon to Fri: Breakfast (7:30 - 9am); Lunch (12 - 1:30pm)**
--Job help M-F 9-12, walk-in or call; Medicaid sign-up; phone use
Turquoise Lodge (inpatient and outpatient treatment) **841-8978**
VA Medical Center, 1501 San Pedro Dr. SE **265-1711 x0**
--homeless or unstably housed veterans can call **256-2784**
or walk in at **Building 96: Mon-Fri 8:30 am – 12 pm; 1-3 pm**
Sage Neuroscience Center (appointment only) **884-1114**
--behavioral health and integrated care; medical outpatient detox;
--Acute Psychiatric Outpatient Program; IOP (adult & adolescent)
Casa de Salud (bilingual Spanish), 1608 Isleta SW **907-8311**
--call or walk in—Integrative primary care, inc. alternative healing
--transgender care; Behavioral Health (MAT), needle exchange +
Narcan (see **casadesaludnm.org**)

Duke City Recovery Toolbox (MAT), 912 1st St. NW 224-9777
Southwest CARE Center primary adult medical care
 (inc. Hep/HIV/PrEP/PEP/gender affirming)--new patients welcome
 --4710 Jefferson NE (call first) 780-4040 x2
UNM Truman Health Services (HIV/Hepatitis C/Transgender care)
 --801 Encino Pl NE, #F (call first); walk-in is only for HIV
 and Hep C testing M/Tu/W/F 9-4 & Thurs 1-6:30 272-1312
UNM Milagro Program (pregnant women with SUD) 463-8293
Lovelace G.R.A.C.E. (pregnant women with SUD) 727-5000
Planned Parenthood (Pro-Choice; women's health) 265-9511
Women's Pregnancy Options (Pro-Life) 620-3894
DOH Resource Guide for HIV/Hepatitis/STD: nmhivguide.org
BC Health Council opioid resource website: LittleThingsNM.org

Recovery (Mental Health and/or Substance Use)

See above section "Medical, MH & Recovery" for other listings
--MAT is Medication-Assisted Treatment for addiction to opioids (may also be for alcohol and/or other substances)
--SUD is Substance Use Disorder
--IOP is Intensive Outpatient Program
--CCSS is Comprehensive Community Support Services
 (also see "Drop-In Centers" section)
CARE Campus Detox for alcohol & other drugs (intake 24/7)
 --5901 Zuni SE (first come, first served, call or walk in) 468-1555
UNM Mental Health Center, 2600 Marble NE 272-2800
UNM ASAP outpatient for Adults (MAT) 994-7999 x4
UNM STAR outpatient age 14-21 – leave message 994-7999 x5
City of ABQ's Substance Use Treatment voucher:
 --called the **Path program**--for non-Medicaid only who are very low-income & meet other criteria. For eligibility & providers, see: cabq.gov/family/services/substance-abuse
Haven Behavioral Hospital – free telehealth (24/7) 254-4502
 --Mental health & addiction--inpatient & outpatient services
Albuquerque Health Services (MAT), call 24/7.... 344-4427
 --172 Montano Rd NW—open M-F
Centro Savila has a grief support group for Spanish speakers
 --twice monthly—call 312-7296 for more information
Christian Counseling Professionals 445-0771
 --counseling & CCSS – walk in or call Mon-Fri, 8 am to 4 pm
 --locations: 4770 Montgomery NE, #C-114 & 301 Chama NE
The Community Lighthouse 3301 Candelaria NE #B 273-6300
 --adult, family & child therapy; behavior management services;
 --open 7 days/wk -- see TCLhnm.com
Courageous Transformations (MAT) 800-7092
Dragonfly Counseling, 1610 San Pedro NE..... 265-0753
Elevation Counseling 888-1686
 --counseling for adults, teens, children (flexible hours)
Engender, Inc. – counseling/therapy 242-4400
Four Winds Behavioral Health (Rio Rancho) 702-8547
 --90 day rehab program (note: no narcotic meds are administered)
Full Circle Recovery (allows MAT)-no wait list 865-4140
 --mental health & addictions-call for appt--IOP (adult & adolescent)
The Grief Center (a/k/a Children's Grief Center) 323-0478
 --Support groups for children, teens, families & adults grieving the death of a loved one; also workshops (see griefnm.org)
High Desert Healing, (see hdhnm.com) 717-1332
 --CCSS (case mgt) services; therapy; guided meditation groups
 --YouTube resources: [mind & body therapy videos](#)

Hipocampo (bilingual Spanish) counseling 209-9227
 + diabetes prevention & management
Ideal Option (MAT) – no wait list, low barrier - 2 phone numbers:
 --877-522-1275 to refer self; or
 --844-GO-IDEAL to refer a patient 24/7 for same day or next day
A New Awakening Rio Rancho –locations in ABQ & Rio Rancho:
 3321 Candelaria NE (881-2793) & 1207 Golf Course Rd SE (994-4100): Mental health &/or substance abuse therapy for adults, adolescents & families) – call for an appt.
 (A different BH organization named **A New Awakening**, is moving soon from its location at 600 1st St. NW (224-9124) & currently only takes referrals from courts, pre-trial & probation)
NM Solutions (MAT), 707 Broadway NE 268-0701 x0
 --Mental health & SUD outpatient services + CCSS (case mgt)
Open Skies Healthcare, 707 Broadway NE, # 401 342-5454
 --Case management (CCSS) for single adults and/or families
 --For children: behavior management services; respite care for parents or caregivers; treatment foster care
Rio Grande Counseling (adults & family) 246-8700
Serenity Mesa (transitional living for youth (14-21) 877-3644 with SUD); healingaddictionnm.org (info@serenitymesa.com)
 --also, rental assistance program for youth ages 17-24
Serna Solutions, 6000 Uptown Blvd. NE, Ste 140 207-8929
 --therapy+CCSS; Youth Empowerment Project (age 12-24+family);
 --Family Empowerment Project-circle of care for individual w/SUD
Solutions Treatment Center, IOP only - no wait list 424-3170
 --4841 Tramway Ridge Dr. – call 7 days/week (7am–12 midnight)
 --can be mental health only or SUD-- IOP is in-person or online
Turning Point Recovery Center (IOP) call or text 217-1717
 (inpatient & outpatient) -- or email info@turningpointRC.com
The Balanced Path--call or email info@tbbpath.com 918-7955
Wellness from Within, PC (on Coors off I-40) 459-0025
 Therapy-individuals/couples/families-can request bilingual Spanish (+ lower cost yoga, fitness, acupuncture, therapeutic massage)

AA (24/7) Alcoholics Anonymous: 266-1900, Espanol: 266-3688
NA: 1-800-798-6649 (24/7)
SMART Secular Recovery in-person+online smartrecovery.org
Refuge Recovery (online) refugerecovery.org (Buddhist inspired)
NAMI Albuquerque, 256-0288 NAMI-New Mexico, 260-0154
Overeaters Anonymous (OA-cnmi.org) 261-3553
PeopleWorks-NM (peopleworksnm.org) 990-4186
 for people who have a gambling problem &/or their family
 --Free—online or in-person (privacy respected)
For families: AI-Anon: 262-2177
Parents of Addicted Loved Ones (PAL) see PALgroup.org
 --Mondays 4-5:30 pm at Mirehaven Sandia Center,
 9100 Del Webb Lane susanPwilson76@gmail.com 705-0259

Residential Treatment Centers outside of ABQ

These accept Medicaid:
Santa Fe Recovery Ctr, Santa Fe sfrecovery.org 471-4985
 --& their **Four Corners Detox Recovery Ctr** (Gallup) 413-3447
Peak Behavioral Hospital, Santa Teresa 575-589-3000
New Mexico Behavioral Health Institute, Las Vegas 454-2100
 (State Owned psychiatric hospital)
New Mexico Rehabilitation Center, Roswell ... 575-347-3400
 (State Owned BH inpatient residential) (also physical rehab)

Community Shuttle Service:

nmvic.org/communityshuttle for detailed info including weekday schedule and stops

OVERNIGHT SHELTERS for Unhoused

Westside Emergency Housing Center (Shelter)/Heading Home:
for Adult Men & Women (no families)

The WEHC is open 24/7 (3 meals/day) & drops off daily in ABQ

Pickups for individual adults:

--NE corner of Indian School Rd & 1st St. NW (3, 4, 5, 6, 7 pm
7 days/week);--**HopeWorks**, 1201 3rd St. NW (3:15 pm Mon-Fri)

--**First Nations**, 5608 Zuni SE (on Palomas) (6:00 pm 7 days/wk)

--**God's Warehouse**, 8011 Central NE (6:15/6:30 pm 7 days/wk),

Or call 839-9193 from 1:30 to 10 pm for info on pickups

See website for pickup/drop-off schedule:

cabq.gov/family/services/homeless-services/westside-emergency-housing-center

AOE Men's Shelter (no walk-ins), located at 715 Candelaria NE
--call any time day or night 7 days/week **344-4340**

Good Shepherd Center (men only), 218 Iron SW (check in at 6pm)

Barrett House (24/7-women & children--boys <18) (no walk-ins)

--call 8 am or later (may be a waitlist) -- not for women currently
experiencing DV -- leave message with name, phone and

how many beds needed **243-4887**

Joy Junction (women & families (1 or 2 parent), limited # of men)

--4500 2nd St. SW (call first—you can call 24/7) **877-6967**

Youth Shelters

(also see Drop-In Centers)

Amistad Shelter, ages 12-17 (24 hours 7 days/wk) 877-0371

New Day Shelter, ages 11-17 (24 hours 7 days/wk) 938-1060

Casa Q (24/7 for LGBTQ+ youth ages 14-17) **872-2099**

The Harbour -- a drop-in center for ages 14-20) open Wed,

Thurs, Fri only 12 - 6 pm) -- **126 Gen. Chennault NE,**

or call/text 24/7 **NM Dream Center** hotline: (505) 504-1301

Domestic Violence Shelters (call 24/7)

Safe House (in Albuquerque) **247-4219**

Haven House (in Rio Rancho) **896-4869**

Valencia Shelter for DV (in Valencia County) **864-1383**

Homelessness Multi-Service Agencies

Albuquerque Homeless Helpline: phone (505) 768-4357;

Text (505) 600-2835 or email: 768-help@nmceh.org

Albuquerque Healthcare for the Homeless (AHCH)

1217 1st St. NW (Mon/Tu/Th/Fri 7:30-4:30; Wed 7:30-12)

Medical Clinic & Behavioral Health Clinic (walk-in) **242-4644**

Dental Clinic (call for appointment) **242-8288**

Resource Center/case management **843-7611**

First Nations Community Healthsource

Zuni Clinic (Medical+Dental), 5608 Zuni Road SE **262-2481**

Mon to Fri 8 am - 7 pm; Sat 9 am - 1 pm

Note: **All immigrants** are welcome and can walk in (early at
Homeless Outreach Program) or call **262-2481**

--**Homeless Outreach Program:** M-F 8-4; Sat 8-11 **944-2561**

All Nations Wellness & Healing Center 6416 Zuni SE **717-2704**

--Mon to Fri: Breakfast (7:30 - 9am); Lunch (12 - 1:30pm)

--Job help M-F 9-12, walk-in or call; Medicaid sign-up; phone use

Good Shepherd Center, 218 Iron SW **243-2527 x100**

Mon/Tues/Wed/Fri Dinner for all (2-3 pm); **Sat Lunch: 11:30 am**

Clothing (men only) Mon/Tues/Wed/Fri 9-11am & 12:30-1:30pm

Mail service for men and women: **Mon-Fri 2-3:30 pm**

2 residential programs for homeless men--see "Housing" section

--apply in person Mon-Fri, 9 am - 1 pm (at 218 Iron SW)

HopeWorks **764-8231**

Day Shelter, 1201 3rd St. NW, open M-F, **8 am-2 pm** x2

Mon-Fri meal **10 am - 12 pm**; Clothing **Wed only, 8 - 10am**;

Mail & long-term storage **12-2 pm**; Phone use (**8 am-1:45 pm**);

Showers **Tues only, 8 - 11:30 am**; Restrooms open **8 - 2 pm**

Behavioral Health (upstairs), 1201 3rd St. NW, **M-F, 8-4 pm** x3

--intakes and assessments (can walk in up the stairs)

Housing Services, 1215 4th St. NW (walk-in **Mon & Fri, 9am-**

3pm and **Wed, 10am-3pm**; **Tues & Wed** are appointment only) x4

Steelbridge **346-4673**

Resource Center for homeless individuals at **2021 2nd St. NW**

--(drop in or call first to see if open as it's sometimes closed)

Clothing **Mon - Fri 11 am - 2 pm**

Residential program for men and for women (Bible-based)

--**214 Coal SW** (no walk-ins-call for appointment **M-F 8:30-3:00**)

The Rock at Noon Day, 2400 2nd St. NW (north of I-40)

Open **Tues-Fri, 9am - 1pm**: Breakfast **9-9:30**, Lunch **12-1pm**;

Showers & clothing **9 am - 11 am**; Mail **9 am - 12:30 pm**

Sundays open **11 am - 1pm**; Lunch at **noon**

God's Warehouse, 8011 Central NE (on Tennessee)

Tues/Fri 3 - 6 pm meal + clothing; **Sat/Sun** meal with 4 pm

church; Food boxes only on **Mon & Thurs, 11:30 to 1:00 pm**

Resource center w/case mgt on-site **Mon/Tu/Th/Fri, 10am-6pm**

(Walk-in or you can call for appointment: **266-2535**)

Title I (APS program for homeless students) **256-8239 x0**

ADDENDUM to ABQ Resource Quick Guide

These are additional sections for specific populations:

Youth and Young Adults

Shelters:

Amistad Shelter, ages 12–17 (24 hours 7 days/wk) 877-0371
New Day Shelter, ages 11–17 (24 hours 7 days/wk) 938-1060
Casa Q (24/7 for LGBTQ+ youth ages 14-17) 872-2099

Drop-in Centers:

The Harbour Drop-In (ages 14-20) (Wed-Th-Fri 12 -6 pm)
126 Gen. Chennault NE
24/7 NM Dream Center hotline (14-20) talk/text: (505) 504-1301
New Day Drop-In Center for age 16-22 ("The Space")
142 Truman St. NE (north of Central) -- Tues-Fri 12 to 5 pm

Gordon Bernell Charter School 916-8618

high school diploma + adult ed in-person or online at ABQ sites and in MDC:

--Age 16-21: high school diploma
--Adults age 22+: literacy + HiSET (high school equivalency)

New Day Life Skills Academy (see ages below) 274-6311

--Life Skills Classes (ages 16-22) -- in-person and online
--Seeking Safety Groups (ages 16-23) -- in-person and online
--Life Skills Coaching (ages 12-18) (see ndnm.org for info)

NMCAN – skill building and community building 217-0220

for young people transitioning out of foster care, or who have faced homelessness or juvenile justice involved: info@nmcn.org
--see nmcn.org for referral form for self or other youth

Serenity Mesa (transitional living for youth (14-21) 877-3644 with SUD); healingaddictionnm.org (info@serenitymesa.com)

UNM STAR outpatient age 14-21 – leave message 994-7999 x5

YDI (childcare & youth programs) apply at ydinm.org 352-3444

--YDI family case mgt (ACES) walk in or call 212-7405 (for families with at least one child age 0-12) – can self-refer or be referred--1710 Centro Familiar Blvd. SW--behind YDI Head Start
--YDI Community Engagement Team (24/7) call 910-6357 (short-term crisis intervention and stabilization for children, youth, adults and families) – in same bldg as ACES case management

Pegasus Legal Services for Children 244-1101

Pegasuslaw.org – for children, youth and their caregivers

Childcare Finder: newmexicokids.org or call... 1-800-691-9067

Online Tutorials: GCFglobal.org (computer, typing + improve typing speed, math, reading, job prep—click on "All Topics")

Khan Academy - khanacademy.org—math+other online learning + khanacademykids.org – many languages (app is English only)

Duolingo.com – language learning (English & other languages)

NM Public Education Department (PED):

parent-portal (<https://webnew.ped.state.nm.us>)

--Early Literacy guides for families: [English](#) and [Spanish](#)

UNM School Based Health Centers

<https://unmhealth.org/services/school-based-health-clinics>

UNM SBHC Program Office, 505-272-5132

eyecanlearn.com – exercises to improve visual processing in kids

Irlen.com – visual processing help for children with special needs

Formerly incarcerated or currently justice involved and families

Public Defender, 505 Marquette NW (Compass Bank) 369-3600
Metro Court (ext. 1 for warrant status) 841-8151
Outreach Court (homeless only--misdemeanors) 841-8142

APD Evidence, 823-4600, to claim possessions after discharge from MDC (first call 768-2020 for case no.—you also can call this number to request police report—or request it at a substation)

Best Chance Drop-In Wellness Center 256-3231

5907 Alice NE, Suite E -- walk-in hours are M-F 8:30 am – 4 pm
--peer support/case management and groups for men & women recently released from incarceration or facing emotional difficulties or substance use disorders

NM Community Peer Education Project (ECHO) 267-0729

Weekly Zoom life skills workshops (Fridays 1-2 pm via zoom);
Peer-led for men & women on probation or parole
Use this Zoom link: echo.zoom.us/j/95535906908

Crossroads for Women, 239 Elm St NE (M-F 9– 4) 242-1010

(website is crossroadsabq.org)

Gordon Bernell Charter School 916-8618

High school diploma + adult ed in-person or online at Albuquerque sites and in MDC:

--Age 16-21: high school diploma
--Adults age 22+: literacy + HiSET (high school equivalency)

A Peaceful Habitation (APH), women in transition from incarceration who have completed probation or parole:

life-skills workshops; 1-to-1 mentoring 440-5937

Thresholds Program call 301-6870

or email: thresholdsnm@gmail.com

A program for men and women coming back to the community from prison (returning citizens) – volunteer mentors help individuals make the adjustment from prison to community

Wings for LIFE International 291-6412

Many programs and services for families of incarcerated loved ones & for returning citizens (formerly incarcerated)

— see wingsFLL.org

Women in Leadership (W.I.L.) 588-8569

Peer-led support services for women who were incarcerated (returning citizens)—WILecho.org

Email: womeninleadership.WIL@gmail.com

NM Women's Re-Entry Center (for any justice involved woman)

Peer-run - call for hours: one-on-one and groups 589-0808